



“Empowering you to live your life *well!*”

Dr. Alisa Cooper

A dynamic and engaging speaker on today’s most timely health topics, Dr. Cooper peppers her presentations with personal stories, case histories and

**SPEAKER EDUCATOR WELLNESS
COACH**

down-to-earth professionalism. Dr. Cooper’s background as a Doctor of Chiropractic, Certified Clinical Nutritionist, and Life Coach, combined with over twenty years of clinical experience, provides her with a global vision of what it takes to attain, and maintain, vibrant health and well-being. Cutting through the confusion and providing easy-to-implement wellness strategies, Dr. Cooper coaches, challenges and motivates her audience to live their lives **WELL!**

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“comes from the heart and connects with her audience”

“educational talk delivered with humor and love”

“gave us the tools we needed to get started right away”

“will never look at food the same way again”

“got me working out again”

“my health and outlook were revitalized”

